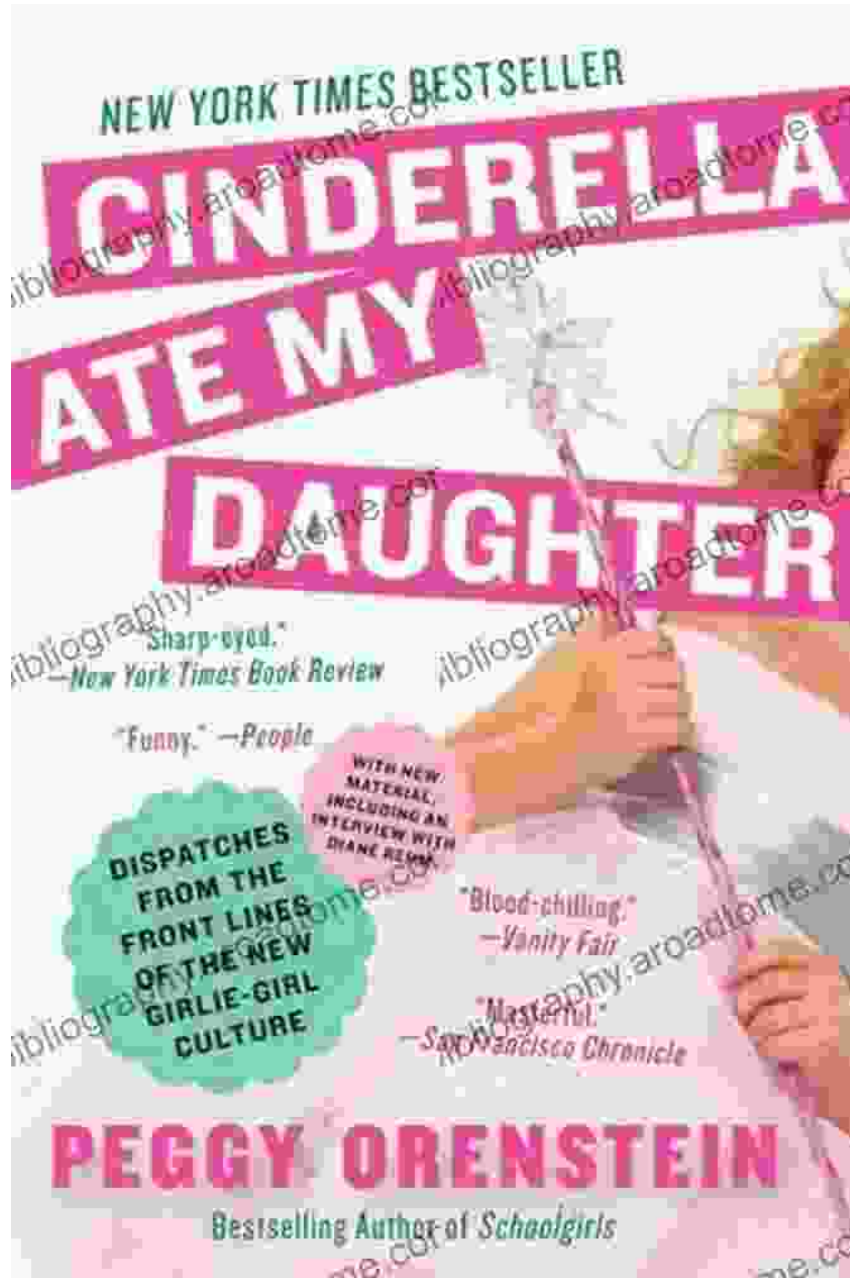


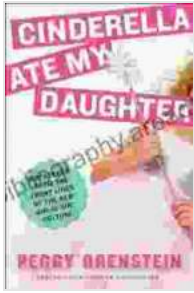
Cinderella Ate My Daughter: A Mother's Memoir of Loss and Reinvention



Cinderella Ate My Daughter: Dispatches from the Front Lines of the New Girlie-Girl Culture by Peggy Orenstein

★★★★☆ 4.3 out of 5

Language : English



File size : 1479 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 261 pages
Screen Reader : Supported



In her new book, *Cinderella Ate My Daughter*, Peggy Orenstein confronts the hidden truth about our culture's obsession with female beauty and the devastating consequences it can have for our daughters.

Orenstein draws on her own experiences as a mother of a daughter who struggles with anorexia to explore the ways in which our culture's ideal of beauty is unattainable and harmful. She argues that the pursuit of thinness and perfection is a form of self-harm that can lead to eating disFree Downloads, low self-esteem, and depression.

Orenstein calls for a new definition of beauty that is based on health, strength, and diversity. She offers practical advice for parents on how to talk to their daughters about body image and self-acceptance.

Cinderella Ate My Daughter is a must-read for anyone who cares about the well-being of their daughters.

Praise for *Cinderella Ate My Daughter*

"A powerful and important book that will change the way we think about beauty and its impact on our daughters."

— **Gloria Steinem**

"Orenstein's writing is honest, insightful, and compassionate. She offers a much-needed voice for parents and daughters who are struggling with the issue of body image."

— **Mary Pipher, author of *Reviving Ophelia***

"*Cinderella Ate My Daughter* is a wake-up call for all of us. Orenstein's book is a must-read for anyone who wants to understand the real cost of our culture's obsession with thinness."

— **Naomi Wolf, author of *The Beauty Myth***

About the Author

Peggy Orenstein is a journalist and author who has written extensively about the lives of girls and women. Her work has appeared in *The New York Times Magazine*, *The Washington Post*, *The Atlantic*, and *Time*. She is the author of several books, including *Schoolgirls: Young Women, Self-Esteem, and the Confidence Gap* and *Girls & Sex: Navigating the Complicated New Landscape*.



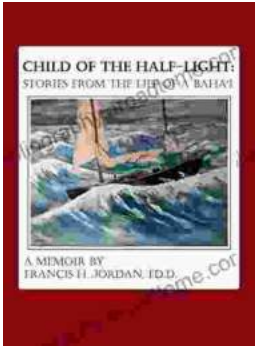
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