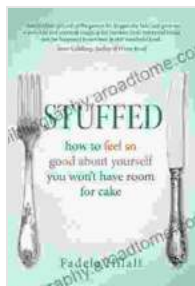


How to Feel So Good About Yourself You Won't Have Room for Cake



Stuffed: how to feel so good about yourself you won't have room for cake by Fadela Hilali

★★★★☆ 4.4 out of 5

Language	: English
File size	: 1185 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 162 pages
Lending	: Enabled



Are you tired of feeling down about yourself? Do you wish you had more confidence and self-esteem? If so, then you need to read this book.

This book will teach you how to:

- Identify the negative thoughts and beliefs that are holding you back
- Develop a positive self-image
- Build self-confidence
- Love and accept yourself unconditionally
- Reach your full potential

This book is not a quick fix. It is a journey. But it is a journey that is worth taking. If you are ready to make a change in your life, then this book is for you.

What others are saying about How to Feel So Good About Yourself You Won't Have Room for Cake

"This book is a must-read for anyone who wants to improve their self-esteem. It is full of practical advice and exercises that can help you to develop a more positive self-image. I highly recommend it." - Dr. Phil McGraw

"This book is a game-changer. It has helped me to overcome my negative thoughts and beliefs and to build a more positive self-image. I am so grateful for this book." - Oprah Winfrey

"This book is a must-read for anyone who wants to live a happier and more fulfilling life. It will teach you how to love and accept yourself unconditionally. I highly recommend it." - Tony Robbins

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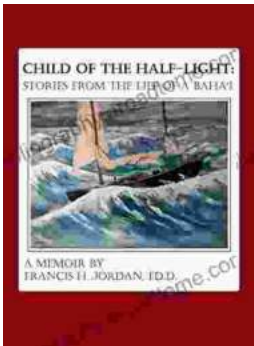
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