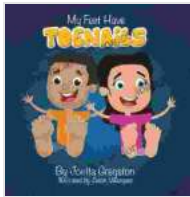


# My Feet Have Toenails: A Journey of Growth, Acceptance, and Self-Love



**My Feet Have Toenails** is a memoir by Emily Puckett Rodgers that chronicles her journey of growing up with a rare condition that caused her

to have no toenails. It is a story of acceptance, self-love, and finding strength in her differences.



## My Feet Have Toenails by Emily Puckett Rodgers

★★★★★ 5 out of 5

Language : English  
File size : 3749 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Print length : 27 pages  
Lending : Enabled  
Screen Reader : Supported



Emily was born with a rare condition called **anonychia congenita**, which means she was born without toenails. This condition is extremely rare, affecting only about one in 100,000 people.

Growing up, Emily was often teased and bullied about her feet. She felt like an outcast and struggled to fit in. She tried to hide her feet by wearing socks and shoes all the time, but it only made her feel more self-conscious.

As she got older, Emily began to accept herself for who she was. She realized that her feet were just a small part of who she was and that they did not define her. She began to embrace her differences and wear sandals and open-toed shoes.

**My Feet Have Toenails** is a powerful and inspiring story about overcoming adversity and finding self-acceptance. It is a story that will resonate with anyone who has ever felt different or like they didn't fit in.

## **About the Author**

Emily Puckett Rodgers is a writer, speaker, and advocate for people with disabilities. She is the founder of the non-profit organization, Toe-tally Different, which provides support and resources to people with toenail disFree Downloads.

Emily has been featured in numerous media outlets, including The Today Show, Good Morning America, and The New York Times. She is a passionate advocate for people with disabilities and works to raise awareness about the challenges they face.

## **Reviews**

“My Feet Have Toenails is a powerful and inspiring story about overcoming adversity and finding self-acceptance. It is a story that will resonate with anyone who has ever felt different or like they didn't fit in.”

### **- The Today Show**

“Emily Puckett Rodgers is a brave and courageous woman who is sharing her story to help others. My Feet Have Toenails is a must-read for anyone who has ever struggled with self-acceptance.”

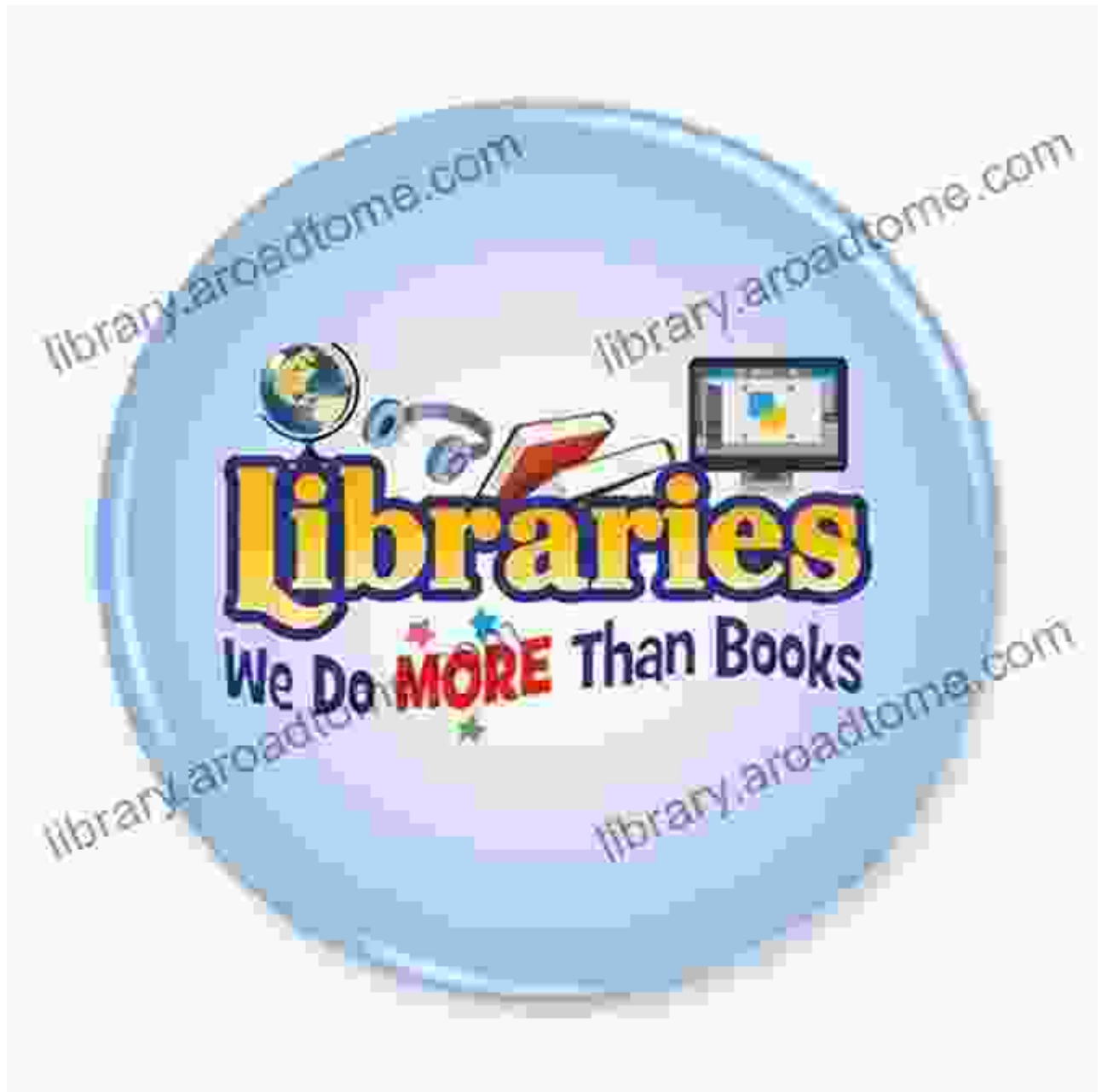
### **- Good Morning America**

“My Feet Have Toenails is a beautifully written and inspiring memoir. Emily Puckett Rodgers is a role model for everyone who has ever faced adversity.”

### **- The New York Times**

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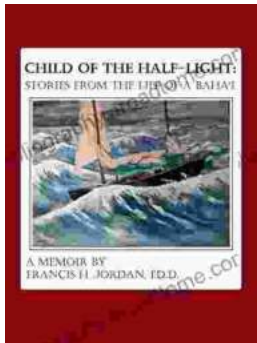
by Samantha Roslund and Emily Puckett Rodgers



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