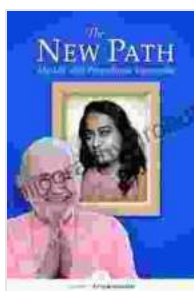


My Life With Paramhansa Yogananda: An Extraordinary Journey of Spiritual Transformation

"My Life With Paramhansa Yogananda" is a profoundly moving and transformative account of the author's life-changing encounter with the legendary Indian saint, Paramhansa Yogananda. This book offers an intimate glimpse into the teachings and spiritual journey of one of the most influential spiritual masters of the 20th century.



The New Path: Life with Paramhansa Yogananda: My Life with Paramhansa Yogananda by Swami Kriyananda

★★★★☆ 4.7 out of 5

Language : English
File size : 3054 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 488 pages
Lending : Enabled



The Author's Journey

The author, Rishi Singh, was a young man living in India when he first crossed paths with Paramhansa Yogananda. Intrigued by his teachings on meditation and self-realization, he embarked on a journey that would forever alter the course of his life.

Singh vividly describes his experiences as a disciple of Yogananda, sharing personal anecdotes and insights that reveal the saint's profound wisdom and compassion. The author explores the transformative techniques taught by Yogananda, including Kriya Yoga meditation and the principles of Karma and Reincarnation.

The Teachings of Paramhansa Yogananda

Paramhansa Yogananda was a renowned spiritual teacher who dedicated his life to spreading the message of Kriya Yoga and fostering global harmony. His teachings emphasized the importance of:

- **Meditation:** Kriya Yoga meditation as a powerful tool for expanding consciousness, connecting with the Divine, and awakening inner peace.
- **Self-Realization:** The ultimate goal of spiritual life as the realization of one's true nature as a soul.
- **Love:** The transformative power of love to dissolve barriers, heal wounds, and connect humanity.
- **Selfless Service:** The path to spiritual growth and fulfillment through service to others.

"My Life With Paramhansa Yogananda" provides a comprehensive exploration of these teachings, offering practical insights and inspiration for those seeking a deeper understanding of the spiritual path.

The Impact of Paramhansa Yogananda

Yogananda played a pivotal role in introducing the ancient wisdom of India to the West. Through his writings, lectures, and personal example, he inspired countless individuals from all walks of life to embrace their spirituality and aspire for higher consciousness.

Singh shares numerous stories and testimonies from Yogananda's disciples, demonstrating the profound impact his teachings had on their lives. From healing physical ailments and overcoming addictions to finding inner peace and joy, Yogananda's legacy continues to uplift and transform lives to this day.

The Legacy of Yogananda's Mission

After Yogananda's passing in 1952, his teachings have continued to be disseminated through the Self-Realization Fellowship (SRF), a non-profit organization he founded to spread his message of Kriya Yoga. SRF maintains meditation centers and ashrams around the world, offering teachings, retreats, and spiritual guidance.

Singh explores the enduring legacy of Yogananda's mission, highlighting the ongoing efforts of SRF to promote spiritual growth, interfaith harmony, and world peace.

"My Life With Paramhansa Yogananda" is more than just a memoir; it is a testament to the transformative power of spirituality. Through the author's intimate account of his journey with Yogananda, readers gain a profound understanding of the ancient wisdom and practical teachings that can lead to a life of purpose, fulfillment, and inner peace.

Whether you are a seasoned meditator or new to the spiritual path, this book offers valuable insights and inspiration for your journey towards self-realization. "My Life With Paramhansa Yogananda" is a must-read for anyone seeking a deeper connection with their true nature and the divine.

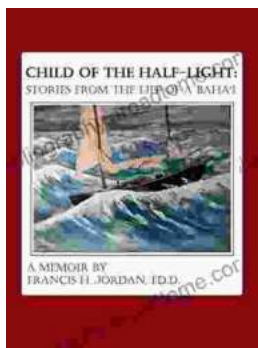
Alt Attribute for Image: Image of Paramhansa Yogananda during his early years in America, surrounded by his disciples.



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