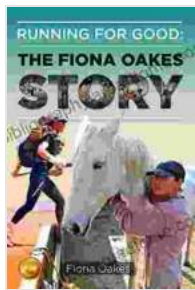


Running For Good: The Inspiring Story of Fiona Oakes, Marathon Runner and Animal Activist

Fiona Oakes is a force of nature. A marathon runner, animal activist, and the founder of the Tower Hill Stables animal sanctuary, Fiona has dedicated her life to helping animals in need.



Running for Good: The Fiona Oakes Story by Fiona Oakes

★★★★☆ 4.7 out of 5

Language : English
File size : 3305 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 212 pages
Lending : Enabled



Fiona's story is one of hope, determination, and compassion. She grew up in a rural village in England, and from a young age, she had a passion for animals. She would often bring home stray cats and dogs, and she would spend hours caring for them.

When Fiona was 18, she ran her first marathon. She was inspired by the story of another marathon runner, Kathrine Switzer, who had become the first woman to run the Boston Marathon in 1967. Fiona wanted to prove

that women could do anything that men could do, and she ran the marathon in under four hours.

After completing her first marathon, Fiona continued to run, and she eventually became one of the top female marathon runners in the world. She has run over 100 marathons, including the Boston Marathon, the London Marathon, and the New York City Marathon.

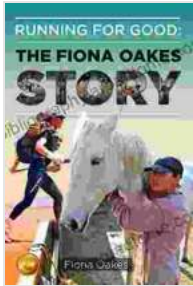
In 1993, Fiona founded Tower Hill Stables, an animal sanctuary that provides a safe haven for abandoned and abused animals. The sanctuary is home to over 400 animals, including horses, donkeys, cows, pigs, sheep, goats, and chickens.

Fiona works tirelessly to care for the animals at Tower Hill Stables. She feeds them, cleans their stalls, and provides them with medical care. She also works to find homes for the animals that are ready to be adopted.

Fiona's work at Tower Hill Stables has made a difference in the lives of thousands of animals. She has rescued animals from neglect, abuse, and abandonment, and she has given them a second chance at life.

Fiona's story is an inspiration to us all. It shows us that one person can make a difference in the world. With hard work, dedication, and compassion, we can all make a positive impact on the lives of others.

To learn more about Fiona Oakes and her work, please visit her website at www.towerhillstables.org.



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